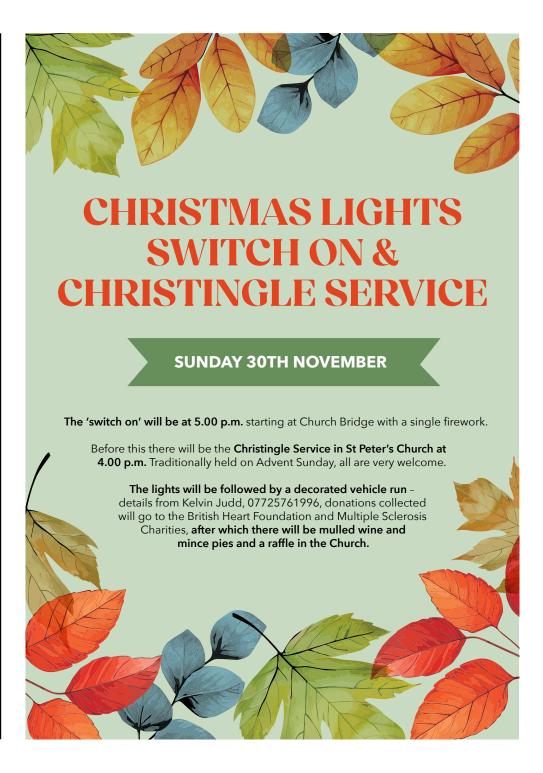


# Community MAGAZINE

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#### FROM THE CHAIR



With Autumn upon us, it's a fantastic time in Upwell.

On behalf of Upwell Parish Council, I am delighted to welcome you to the Autumn edition of our community magazine. It is always a pleasure

to share news, updates, and achievements from across our parish, and to highlight the wonderful work being done by so many individuals, groups, and organisations that make Upwell Parish such a vibrant and caring community.

The past months have shown us the strength of our community spirit - whether through volunteer initiatives, local events, or the simple kindness of neighbours looking out for one another. As a council, we remain committed to supporting these efforts and to working on the projects that will benefit our parish now and into the future.

We encourage you to get involved, whether by attending council meetings, joining community activities, or sharing your ideas with us. Your voices are vital in shaping the place we are all proud to call home.

It is great to see the Globe reopened and if you've never been in, why not give it a try! A warm welcome awaits you and after all, the heart of the village is the pub!

The British Legion is also open to non members and has an excellent calendar of events.

Tom Fairbrother
Chairman



Come and Join our Friendly Thursday Groups and Start Your Weight Loss Success Story

9am Outwell Hall or 6pm Upwell Hall
Phone Allison for our money saving special offers
slimmingworld.co.uk 07826 362418



#### Downham, Terrington and Watlington SNAP Meeting Monday 13th October @7pm

This is just a little reminder that the local policing team will be hosting their Safer Neighbourhood Meeting for the Downham, Watlington and Terrington areas on Monday 13th October 2025. The meeting will start at 7pm and will be held in person in the Watlington Village Hall with an option to join us online via Teams.

#### PC 898 Gilluley

Community Engagement Officer Kings Lynn & West Norfolk and Breckland District Tel: 07766990802 Paula.Gilluley@norfolk.police.uk www.norfolk.police.uk



## Neighbourhood Alerts - a new communication system Police are using to reach out to our communities:

Would you like to know more about what's going on where you live? Do you want to hear the latest updates from a trusted source? Your local community police officers have recently started using a system called 'My Neighbourhood Updates' and you can sign up to hear directly from us.

It's completely free, you won't get sent unnecessary spam and your data will be safe.

You can sign up for email alerts, view historical data, and even share or print reports to discuss with neighbours or local groups. This level of access will help you to make informed decisions about your safety and fosters a sense of shared responsibility in keeping the community secure. By bridging the gap between the police and the public, My Neighbourhood Updates supports a more engaged, informed, and resilient community.

Sign up today at www.myneighbourhoodupdates.co.uk

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## SCAM ALERT - BE AWARE FOR STUDENT LOAN SCAMS

11 SEPTEMBER 2025

We are highlighting a warning from The Student Loans Company (SLC) for new and returning students to be vigilant of scams, as the new 25/26 academic year gets underway.

In September, SLC will pay approximately £2.2billion in maintenance payments to almost one million students as they start and return to university. However, at this time of year, students can be targeted by scammers, with text message (SMS) fraud currently the most popular form of scam.

#### SLC's top tips for identifying and stopping a scam:

- Check the quality of the communication
   misspelling, poor punctuation and bad
   grammar are often tell-tale signs of phishing.
- Keep an eye out for any emails, phone calls or SMS messages you think are suspicious, especially around the time you're expecting a payment.
- Scam emails and text messages are often sent in bulk to many people at the same time and are unlikely to contain both your first and last name. These commonly start - 'Dear Student' - so be on guard if you see one like this.
- Messages that convey a sense of urgency are also unlikely to be genuine - for example 'failure to respond in 24 hours will result in your account being closed'.
- Think before you click. If you receive an email or SMS that contains a link that you're not sure of, then hover over it to check that it goes where it's supposed to. If you're still in any doubt don't risk it, always go direct to the source rather than clicking on a potentially dangerous link.
- Scammers can use a variety of methods to try and get you to pay money or share personal details, including the use of fraudulent phone calls, social posts and direct messaging on digital platforms. If you are suspicious of being contacted, always use official phone numbers, your online account and official communication channels to verify the contact you received is genuine.



Students should also be mindful of the information that they share about themselves on social media, and elsewhere online, to help guard against identity theft. Identity theft happens when fraudsters access information about a person's identity, such as their name, date of birth, customer reference number, course information or their current or previous addresses to impersonate them online and over the phone.

SLC has a range of methods to protect students, including sending a SMS to customers in England if a change has been made to their banks details and asking them to confirm the change. If a customer hasn't changed their details but receives a message, they should log into their online account to review their information.

SLC will also never ask students to provide their personal or financial information via email or text message. If a student receives a suspicious message, they should report it to SLC's Economic Crime Unit immediately by emailing report@ phishing.gov.uk and calling the dedicated hotline on 0300 100 0059. Neither SLC or Student Finance England (SFE) provide any services through WhatsApp and will never initiate contact with a student through social media channels to discuss their application or student finance entitlement. If a customer receives a communication from SFE that they are unsure of, they should log into their online account to verify if it's genuine.



#### WELLE WI NEWS AUTUMN

2025

What do you think of when you hear the term 'quilting'? A myriad of ditsy patterned hexagonal honeycomb? Well, nothing could have been further from this, when local artist and fellow WI member, Joan Weston visited WELLE WI for its September meeting to share her wonderful fabric creations. Joan's creative collection of fabulous quilts that she has designed and stitched over the years, spans the decades since 1985, where her passion for quilting was first ignited through attending a quilting exhibition.



Joan has mastered her very own individual and emotive approach to her enticing, colourful quilting. She destroys the traditional patchwork image in micro seconds, by going beyond the basics to incorporate texture and detail through the use of buttons, paint

and other intriguing everyday items. Her quilts are really unique works of art. Joan is motivated by her surroundings and details in nature. The undulating hills, rocks, a twisting river bed or a waving tree could all contribute to the fluid lines of her abstract designs. Her passion for travelling, in between life as a busy teacher, has led to experiments in using geometric lines to form extraordinary and exotic landscapes with matching hues. Wherever she can, Joan loves to collect and purchase the fabric from the countries she visits, giving her beautiful vistas an authenticity. Her patient stitching echoes and enhances the lines of her designs, most recently inspired by this summer's visit to Australia . The quilts were truly varied in size, texture and design, but all are unanimously united in their strikingly intense and vibrancy of colour. Joan's passion for quilting certainly shone through to her delighted audience!

If you enjoy creative hobbies too, then WELLE WI can foster your passion for designing and making! Our next hands-on, creative event is to be held on Monday 1st December, when it will be Christmas themed designs and a Bring and Share Buffet. The







venue for this meeting is Upwell Village Hall and it commences at 7.30pm. For further details and to find out how you can attend as a visitor, please contact our president, Mrs. Janet Roding on 01945 774565. Throughout the year we aim to offer a programme of mixed events, visits and visitors, so there is something for everyone. We meet on the first Monday of every month. Make a New Year's resolution to make some new friends and come along and join us very soon!

**Sadie Pomeroy** 

Five Things You May Not Know

- ▶ Butterflies taste with their feet
- Ants don't have lungs, they breathe through spiracles
- A group of Parrots is called a Pandemonium
- Frogs can absorb water directly through their skin and don't need to drink
- Hummingbirds are the only bird that can fly backwards



Find us on Facebook and Instagram!



#### **UPWELL BOWLS CLUB**

NEW ROAD UPWELL WISBECH CAMBS PE14 9AB

What a fantstic summer we have had, especially on the bowls greens. Upwell teams have all had good rankings in their leagues. The men won the Ivan Henson trophy in the March and



district league and achieved second place in the league table. The men's season ended in the March and District league on the 26th August, we had the best we have had for a while finishing second behind March Town. Twenty games played we won 14, lost 5 and drew 1.

Cup competitions: we were beaten by March Town in the first round of the knockout cup, but as above went on to beat them in the final of the Ivan Henson Memorial Trophy.

Four players from Upwell Bowls Club represented Norfolk in the over 55s championship, hosted at Leamington Spa - unfortunately they did not win but it was a great achievement to be there.

We would like to thank everyone who played a part this season and look forward to more success in 2026, when the green opens and the games begin. Come and join us - we are on Facebook

If you wish for more information please contact Chris & Roy Pope, or Rosemary Bosworth via our Facebook page.



## UPWELL AND OUTWELL AGE CONCERN LUNCH CLUB

**CHARITY NO 1082825** 

#### It's been a busy summer...

Lunch Club has enjoyed a very busy summer, it has been lovely to greet several new members, enjoy a couple of boat trips and, by the time you read this, also celebrate our second Harvest Lunch. Now we are making plans for an even busier end to the year, Christmas celebrations and our annual charity 'Soup Before Santa' lunch will be here before we know it!

As I write this, the evenings are starting to draw in earlier and Autumn will soon be with us. I love all the seasons for their own beauty, the kaleidoscope of vibrant reds, oranges and yellows of the leaves and watching the resident squirrels burying walnuts and acorns in my garden. The onset of chillier weather needn't be a time to think about hibernating though - come and join us! If you think you would enjoy a hot two course lunch, good company and an occasional quiz please don't hesitate to get in touch.

Some of our members have difficulty with their mobility so, if needed, we can arrange transport to and from the club using a minibus suitable for those using walking aids and wheelchair users.

If you are interested in knowing a little more before making a decision, please telephone Jackie on **07584 735805** for a chat or email jackiescotten**51@gmail.com** 

**Jackie Scotten** 

Secretary, Upwell and Outwell Age Concern Lunch Club



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## UPWELL PLAYING FIELD COMMITTEE

We are coming to the end of our fund-raising season - Car bootsales close on October 9th. The last "FUN" horse show will now be November 2nd - this will include fancy dress and hopefully some gymkhana games, providing the weather holds.

Car boots have not been as busy as previous years, it's been either too wet, too cold or too hot - but we have stuck with it and introduced a **Bank Holiday Monday** car boot at the end of August - this will continue in 2026 all being well, with gates opening 930am to sellers and 10.00am to buyers. We will not be holding Sunday car boot sales.

Over the past few days we have dealt with two wasps nests, one in flower bed by the green seat in our garden and one on the brink of the dyke - in a hole in the ground to the right of the large conker tree. Both have been treated.

We must spend yet another mountain of money on tree surgery as someone has complained about our trees overhanging Stonehouse Road. Fortunately we will manage other tree work ourselves, on our clean-up day, if weather and manpower allow.



We welcome to the committee Rob Norris, a local lad (who has already proved himself in the dog show ring) and Sheryl and Mark Warters, when time permits, who were very helpful at the last horse show.

These last few days you may have seen work being carried out in the carpark. Alongside the road where the dead Ash trees were removed it is being gravelled - so if everyone parks carefully we will have at least 60 parking spaces. In the very near future old goal posts will be utilised across the



centre where the sleepers are, as with 4x4 vehicles driving over the top of them, they are crumbling - work will hopefully be carried out by Community Service.

In last month's magazine we announced we are to receive a new kitchen, courtesy of the Football Gamechanger programme and Howdens Kitchens. Plans have been drawn up - why not come and have a look once fitted, maybe on Saturday mornings when football matches are on?

**EVENTS:** I have already spoken about car boots, horse shows have not been too bad, inhand showing has had a good number of entries but the ridden classes a bit on the low side.

Our two dog shows are always good fun, with some brilliant Fancy dress costumes.



Our bike and trike show in July was another success, a bit slow to start with but they soon came roaring in, all shapes and sizes. BARSIX played some music from the 60s which always goes down well, and there was a BBQ, Bar and some stalls.

**2026** - We plan to have a **FESTIVAL OF WHEELS** - Sunday July 12th if it has wheels, we would love to see it, quadbike, lorry unit, fire engine etc., obviously more information to follow next year.

**Football** is going from strength to strength - Wednesday 17th September, a taster session for girls 6 - 11yrs, was held - this comes under the Wildcat programme, with a female coach we are promoting **girls' football**!

As the year draws to a close we hope to get some decorating carried out with our donation of paint from Wicks. The pavilion function room, kitchen



and toilets have not been decorated since it was built in 2012/13 and the changing rooms will also get a freshen up - if you have any spare time and would like to volunteer please let me know.

As mentioned at the beginning of this article we will be having a 'Clean up' day - Sunday November 2nd 9.30am. Trees will be pruned back along the dyke side, dyke will be raked and cleared of any debris. Trees along the bottom of the field: as mentioned, if manpower and equipment allow, some will be removed, as they are eithr dead, dying or dangerous. This is an ideal opportunity to get to know us, and the football teams and their families, Mums, Dads, Grandparents all welcome. Bacon rolls on offer as well for the workers!

**Our Committee** is: Ros. Shorting, John Spikings, Pat Moat, Mark Elliott, Alex Parnell/Upwell Town Youth FC, Jay Best, Rob Norris, Sheryl and Mark Warters.

Regarding changing our constitution we are plodding on, solicitors, charity commissioners etc., we will get there.

**Ros Shorting** 





# Emneth Storage 10 & 20ft Containers Available 10ft £60 20ft £100 per calendar month

Please call 01945 430081 or 07951 466315







#### **COUNTY COUNCIL UPDATE**

SEPT 2025



From a Norfolk County Council (NCC) perspective, the summer is a somewhat quieter time, or at least that is how it may appear. The school holidays naturally bring an opportunity to focus works, particularly in respect of

highways, whereby new delivery and repair has a short window which take priority over all else, save designated emergencies.

There are, however, other issues around schools which continually present themselves - pavement parking and parking specifically on the zigzags, but generally these have been worked on over the holidays. Having tried for some time to bring together the agencies responsible for enforcement, without success, we have now reached a point which has resulted in the Police & Crime Commissioner (PCC) working with me to ensure that NCC Highways, the Borough Council King's Lynn & West Norfolk, and Norfolk Police (all organisations which have some form of enforcement role) meet to examine why there are gaps in enforcement, and what can be done about it. In addition, the PCC has been invited to attend a NCC Select Committee in the New Year, of which I am Vice-Chair.

If we don't get results, then we will know for certain why.

The highways survey along the Welle Creek appears to have led to some confusion. This was not undertaken as part of the improvements to the railings but was to determine a starting point by which any potential movement of the highway could be measured. The data can now be compared at any point in the future to evidence any concerns which may arise. To date such concerns have been in the hands of others to determine, by their assessment, however this power now lies in the hands of the community by way of Upwell Parish Council.

**Dragon's Teeth!** These are highways markings designed to give the carriageway the sense of narrowing and thus slowing vehicles. It may not slow those familiar with a road, however on the A1101 at the area of the Tointons/Green Rd

junction we have many unfamiliar visitors, and so I am lobbying for their inclusion at this location. Other initiatives have been unsuccessful at allaying residents' concerns, and



we really are running out of options here.

Mud on the roads. Despite pushing for a multiagency meeting for June, this has not yet taken place. There has been progress, however, and NCC will be embarking on a 'comms.' campaign imminently - this will be in conjunction with Norfolk Police, with a committed schedule of information and actions. I will update further on social media too.

Finally, Local Government Reorganisation - this is still up in the air; however, it is clear to me what is not workable, which has been highlighted in the national press recently. With no clear steer from the government, my take on this is that regardless of what form LGR takes, regardless of which government is in power nationally or locally, whilst I'm representing the village my focus will remain on the local community.

**Chris Dawson** 







## GREEN FINGERS GARDENING CLUB

Nights are most definitely drawing in and it has been cooler, wetter & windier after a long, dry summer. Plants have been suffering from a lack of water and the leaves on trees are falling already. Hedgerows are filling with hips and haws so I hope they don't shrivel before birds from Europe arrive & need them for food during the winter.

The summer's fine weather meant that the Club could have outdoor, social gatherings. In July, we met in Gerry & Sandi's garden, where we were treated to a cuppa plus a selection of sweet treats. Val & Ronnie ran the raffle. In August it was Marion's garden for the Summer Supper - a bring and share affair with a delicious buffet of savouries plus puddings. Gerry oversaw a Quiz. The Tomato Competition was won by Raina with Paul & Chris placed 2nd.

In September our meetings in Upwell Methodist Church Hall resumed (third Thursday of the month 2 for 2.30pm). In the absence of the scheduled speaker, we were treated to an illustrated talk on 'Beekeeping' by club member Steve. His knowledge & enthusiasm for these hard-working insects was obvious & he held us all in thrall. The Photograph Competition was won by Paul with a photo of a beautiful Goldfinch.

On the afternoon of Thursday 25th September, the Club is visiting Elgood's Garden in Wisbech. It is open on a Thursday (noon till 8pm), entry is free and the on-site bar sells alcoholic and non-alcoholic drinks, including tea & coffee and a lovely selection of cakes. We are hoping that the mystery of the Geoff Hamilton rose will be explained. More on that in the next edition. (Peckover House Garden is open Thursday to Sunday and also has free entry).

The October meeting will bring a speaker from Tapping House who will talk to us about the important role it fulfils as a hospice Tapping House was one of the beneficiaries of our fund-raising last year. This year our two charities are Guide Dogs for the Blind and East Anglia Air Ambulance. Marion's Open Garden in July raised over £950 for them. Visitors are welcome at our general meetings so come along if you are interested. Visitors pay £3.



We have the AGM on November 18th.

December will see two

gatherings. The one at the Church Hall will involve the making of Christmas decorations. The other will be a Christmas lunch at a local restaurant. It's far too soon to be thinking and writing about Christmas so I will stop! Further information can be obtained from our Chairman, Gerry on Wisbech 773623.

Miriam Calton

#### The Blunt Family Charity

Reg. No.1188735

#### Do you live in the village of Upwell?

### Is your community organisation based in Upwell?

If the answer to either of these questions is yes, then you are eligible to apply to the Blunt Family Charity for a grant.

The charity was set up in 2019 using the generous legacy of Edith Blunt of St.Peter's Road, Upwell.

Website https://theblunttrust.com/

please email us: bluntfamilytrust2019@gmail.com for more information

# COUNTRYWIDE TUTORING Reading Writing Maths Personalised support for 5–11s through fun, interactive sessions. Experienced Qualified Primary Teacher B.Ed. (Hons) QTS MSc (Learning and Teaching) Oxford University; PhD final year student. DBS checked. Free initial chat with no obligation – call or e-mail Alice 10777 599 3060 1000 countrywidetutoring@gmail.com Countrywidetutoring@gmail.com



## THREE HOLES VILLAGE HALL & PLAYING FIELD

**CHARITY NUMBER 304483** 

#### Have you ever thought of becoming a voluntary Trustee?

The Charity is run entirely by volunteers, we are looking to grow our board of Trustees and are keen to say that previous experience is



not essential. We have an experienced board who can support and mentor new trustees. You may use or have used, attended events at the Village hall in the past, you may have experience of HR, IT, secretarial, marketing, finance, grant applications, which would be an asset to the board of Trustees, you may wish to be part of a small friendly team and help with the overall running of the Village Hall and Playing Field and could offer help in organizing and running events to help raise much needed funds. To express your interest or if you would like more information please contact Helen Hartley or speak to one of the Trustees.

If being a Trustee is not for you, would you be interested in joining our small group of Volunteers could you spare a couple of hours a month to help run events for the community and/or help with fund raising for the Charity, any help would be very much appreciated. Do you have any unwanted items suitable for raffle prizes local collection can be arranged, thank you to everyone who already donates.



With thanks to **The National Lottery Community Fund** the village hall will soon benefit from new improved heating and lighting systems, more details to follow. Thank you to Geoffrey Fox-Noble for applying for the funding and overseeing this project on behalf of the Trustees.

Squires Drove, Three Holes, PE14 9JY www.threeholesvillagehall00.org.uk

**To book the hall** call Helen Hartley 01354 610316 EMAIL h.hartley@btinternet.com

#### **REGULAR ACTIVITIES**

THREE HOLES INDOOR BOWLS CLUB meets weekly on Thursdays at 7pm £3.50pp Contact Pam Russell, Secretary on 01945 773561 or just turn up, a warm welcome awaits.

**PURDY'S AUCTION** on Friday's, sale starts at 6.15pm. Open for drop-off of items from 7.30am, viewing from 12 noon, for more info contact John 07508045129

**SATURDAY BINGO** doors open 5.30pm, eyes down 6.30pm for more details contact Vik 07879 005521

**CHARITY BINGO** every other Monday doors open 6pm eyes down 7pm for more details contact Vik 07879 005521

#### **WINNING 180 CLUB WINNERS**

June 2025 95, 161, 30, 89 July 2025 160, 135, 118, 173 August 2025 93, 160, 72, 45

A huge THANK YOU to those individuals who donated their winnings back to the Charity.

Yasmin Wallbanks
Chair





#### **HOME IMPROVEMENT SCHEMES ENDING MARCH 2026!**

ACT NOW FOR A WARMER HOME AND LOWER BILLS!

#### Several hundred homes around Upwell, Outwell, Three Holes and Lakesend could be entitled to fully-funded, energy-efficient home improvements!

With a range of government schemes offering free insulation and ventilation improvements, other energy-saving devices and even full retrofits, villagers are welcome to contact the specially-appointed Housing Standards Officer (Energy Efficiency) of King's Lynn and West Norfolk Borough Council for advice and assistance

(email: Housing.Standards@West-Norfolk.gov.uk; tel: 01553 616227).

#### Want to see where you might need insulation?

Volunteers from Fenland and West Norfolk Friends of the Earth are offering village residents the opportunity to check the effectiveness of their home insulation by using a thermal camera to detect leaking heat. Anyone interested should email fenlandfoe@gmail.com for more information.

Gill (Outwell) and Sue (Upwell).

Volunteers from Fenland and West Norfolk Friends of the Earth, supported by King's Lynn and West Norfolk Borough Council.

## DON'T MISS OUT ON A WARMER HOME AND LOWER HEATING COSTS!

HURRY! SOME GRANTS END MARCH 2026!

If you can tick ANY of these boxes,
you may be eligible for
FULLY-FUNDED, ENERGY-EFFICIENCY

HOME IMPROVEMENTS

Council tax band A-D

Council tax band A-D

Property EPC rating D-G

I/we receive a means- tested benefit

A vulnerable person lives in my household

My total household income is below £31,000 per year

King's Lynn and West Norfolk Borough Council has a Housing Standards Officer dedicated to helping eligible houseowners, landlords and tenants access several FREE home improvement schemes.

For advice and guidance, contact:
Housing Standards Officer (Energy Efficiency)
Email: Housing.Standards@West-Norfolk.gov.uk
Tel: 01553 616227

"Very few households will miss out.\*"

\*Social housing tenants should contact their provider\*







 $Produced \ by \ Fenland \ and \ West \ Norfolk \ Friends \ of \ the \ Earth, supported \ by \ King's \ Lynn \ and \ West \ Norfolk \ Borough \ Council, \ June \ 2025$ 



## UPWELL & OUTWELL YOUTH CLUB

FUN, FRIENDSHIP, AND NEW EXPERIENCES EVERY WEEK!

Did you know that right here in the heart of our community, the Upwell & Outwell Youth Club is thriving? Every Wednesday evening from 6.00pm-7.30pm at the Upwell British Legion, children aged 8-16 come together to enjoy activities, make friends, and try something new.



Our club has already hosted a wide variety of events – from a litter pick to pool, darts, and table tennis tournaments to exciting experiences such as a falconry demonstration, pizza making, life skills sessions, and even the occasional water fight on a sunny evening! The aim is simple: to provide a safe, welcoming space where young people can have fun, learn, and grow.

We are always on the lookout for **new volunteers** to help us run sessions and keep the club going strong. Whether you can spare a little time to supervise or have a special skill, hobby, or activity you could share with the children, we'd love to hear from you. Past visitors have brought something unique and memorable, and the children really enjoy learning from different people in the community.

We also currently have a few spaces available for new members. If you know a child who would like to join in, please get in touch - it's a great way for them to meet others, gain confidence, and enjoy fun-filled Wednesday evenings.

The Upwell & Outwell Youth Club is more than just weekly activities - it's about building connections across generations and giving our young people opportunities that they'll remember for years to come.

For more information about joining, volunteering, or offering an activity, please contact us at sarah. fairbrother@wga.co.uk. Together, we can keep our youth club growing and thriving at the heart of our villages.

Sarah Fairbrother

## WISBECH TO UPWELL TRAMWAY PRESENTATION

BY BILL SMITH

#### At the Upwell Village Hall | 7th November 2025 at 7pm

The presentation will be in two parts, each part lasting around 45 minutes. There will be a break for refreshments and a prize draw.

The tram's history from Wisbech to Upwell will be described and accompanied by historic images along the entire route, along with the back story behind the mementoes.

Some interesting images of the area were taken c1860, pre-dating the tramway by over 20 years, and others were taken around the time the tramway was opened.

There is very little left of this iconic tramway, which has become an important part of our history. A small group of enthusiasts supported by the Well Creek Trust have ensured the tramway is not forgotten by building six mementoes at or near the old depot's locations. Each memento illustrates the area where and when the tram was operational.





## ALL CREATURES GREAT & SMALL - HARVEST FAMILY AFTERNOON

Upwell Garden Church invites you to join us in the **chapel garden** on **Saturday 11th October 2025**, 2–5pm for a special **Harvest Family Afternoon**.



Our theme this year is "All Creatures Great and Small", celebrating the beauty of the natural world and the joy of community. There will be plenty to enjoy for all ages—crafts, games, food and fun—all set in the fresh air of the garden (with indoor activities on standby if the weather turns!).

As well as time for play and creativity, we'll pause to reflect on the meaning of harvest, and share in a short celebration together. We'll sing the much-loved harvest hymn *All Things Bright and Beautiful*, and learn one or two other fun seasonal songs along the way.

Everyone is welcome, but booking is essential to help us prepare. To reserve your place, scan the QR code on our posters, visit bit.ly/ ugcHarvest2025, or call Simon on 07930 148094 or Niccy on 07584 432695. (Children must be accompanied by an adult.)

Come and be part of this joyful afternoon—giving thanks for harvest, enjoying nature, and spending time together as a village community.

Blessings,

Simon Goddard,

Upwell Garden Church Project Lead





#### **Report a Problem**

Did you know that you can report various problems directly to Norfolk County Council? This quite often is the best and quickest route.

If you have internet access, search for Norfolk.gov.uk and go to 'Report a Problem'.

There you will see all the topics you can report directly to them. You can also then track the outcome of your report.

Topics you can report on include -

- Roads, pavements and cycleways
- Public right of way and trails
- Manhole covers and potholes
- Grass verges
- Sign posts

You will receive an acknowledgement and updates from NCC.

## BLUNT FAMILY CHARITY: AUTUMN 2025 UPDATE

On Tuesday September 2nd The Blunt Family Charity held its AGM at Upwell Hall. What follows is the address given by the chairman at the start of the meeting.

"The year between April 2024 and the end of March 2025 was relatively uneventful for the trust. There were no new trustees appointed in that period. Our return to the charity commission was accepted without question. We will present the accounts later in the meeting but overall the investment strategy of the trustees seemed to be supported by the financial results shown in the accounts.

During the year we agreed to support 11 applications and refused two. The refused applications were refused for different reasons. One was from a local business and currently the charity is only supporting the school pupils, individuals or voluntary organisations. The second application was from Downham Market Academy to hire a coach to transport children home following out of school activities. This was potentially open ended and would not be targeted on Upwell children so we felt unable to support it.

We supported 6 applications for help with education and training, including helping with the purchase of equipment and transportation costs.

We made a large grant of £20000 to St.Peter's Church to help with drainage issues in and around the church. We made several grants to Upwell Town Youth Football Club and it's coaches and we also supported a new local first responder by sponsoring the equipment she needed. We will hear presentations from both these grantees later in the meeting.

We supported the local school by paying for £2000 worth of new books for the library and by sponsoring several places at the breakfast club for children who otherwise may go without a decent start to the day. This year we have been especially keen to support the school in practical ways, as this is an excellent way of reaching a large number of Upwell residents.

We also supported the Upwell Playing Field Committee and the new Youth Club in the village by paying for **first aid courses for the helpers.** 

During the year we had several acts of vandalism in the nature walk / orchard. We strongly considered investing in security cameras but have so far held off that considerable expense as we are not convinced they would deter the perpetrators.

In the orchard nature walk we started installing educational information signs last year. These have been generally welcomed and praised by members of the public and more have been put in place in the last few weeks. We employed a specialist ancient orchard expert to prune the trees last autumn and will do the same again this year. We are also hoping the East of England Apple and Orchard Project may run some hands on courses in the orchard in the coming year. We managed to sell a significant amount of mistletoe last Christmas to help our funds. We still require voluntary support from the trustees but we have been a bit nervous to ask the public for help in recent times due to concerns over whether they would be covered by our insurance if they had an accident.

Finally the trustees want to point out that the Edith Blunt estate has still not been wound up and that at the end of the 2024/25 financial year there was a still a significant amount of money being held in the estate not released to the trust. The trustees continue to try to get the issue resolved with the estate executor, this is ongoing although a significant sum has been transferred to the charity in the current financial year.

The meeting then moved on to discuss the Finance Report for the year. In the treasurer's absence, the chair presented the financial report. By the end of the financial year, the charity's assets amounted to £705,451. Our independent examiner, Mr. Tony Davies, provided a letter certifying the accounts but brought up an issue during the meeting regarding a "prior year adjustment" made to the 2023/24 accounts in the 2024/25 accounts. This adjustment was necessary because the trustees were unaware that income tax had been paid on our behalf by Quilter, the firm managing our long-term investment fund. Since the charity is exempt from paying income tax, a prior year adjustment was made to reflect this tax as a debt

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owed to the charity by HMRC, indicating that the charity's income had been slightly underestimated in previous years. With this adjustment, it is expected that the charity will reclaim the tax. This has now been addressed in the current financial year (2025/26) and will be reflected in this year's accounts. Mr. Davies then presented his report as the administrator of the Edith Blunt Estate. In his report, he detailed the actions he had taken as the estate's executor and informed the AGM that the estate had contributed an additional £158,330 to the charity in May of this year. He also mentioned that the trustees had appointed a solicitor to obtain a complete set of accounts for the estate from him. He stated that he could not provide a full set until the orchard land was transferred to the charity through the land registry, which he had been unable to do because the trustees had not provided him with a list of their names and addresses. Dr. Williams explained to the AGM that the solicitors were not appointed until the current financial year (2025/26) and that the trustees only took this unfortunate step after Mr. Davies had failed to respond to numerous emails and letters over about a year from the trustees requesting an explanation as to why the estate had not been settled and all funds transferred to the charity. The trustee details were to be provided after the AGM confirmed their future appointments.

The AGM then went on to consider the appointment of trustees. There were two trustees up for re-election this year. Mr John Richardson and Dr Paul Williams. John Richardson had indicated he was not seeking re-election but Dr Williams said he was prepared to serve again. The trustees present unanimously agreed that Dr. Williams should be recommended to be re-elected and the matter was put to the vote of the AGM. At this point Mr Tony Davies raised a point of order stat-ing that since the fact that Dr.Williams was to be put up for re-election was not advertised in ad-vance of the meeting we should not go ahead. Dr. Williams, as chair of the meeting, accepted this point and proposed that as well as advertising for a replacement trustee for Mr.Richardson the trustees should also inform Upwell residents that Dr. Williams was up for re-election. Mr Davies then offered to withdraw his point of order if the trustees also withdrew the solicitors letter re-questing the full accounts. The chair said the trustees could not do so but Mr.Davies withdrew his point of order anyway and Dr.Williams' reelection was put to a vote of those present at the AGM. By a vote of 6 in favour and none against (with several people present not voting) Dr Williams was re-elected to serve a further 5 years as a trustee.

Following the vote there were two interesting presentations from groups who had received grants from the charity. The Upwell First Responders thanked the charity for paying for the latest mem-ber's kit and outlined the vital role they play in looking after Upwell residents. They stressed the importance of the "What Three Words" app in helping the ambulance service to know exactly where people requiring assistance are. We strongly suggest you all get this app on your phone and keep a note to he three word code for the location of your home next to your phone for easy access in an emergency. We also heard from the Upwell Town Youth Football Club who have received several grant fro the charity in the last few years. The club now has 83 children involved in the various teams they field, suggesting the grants have been well spent in supporting the health and wellbeing of the children of Upwell.

The final part of the AGM was the public forum. No questions were asked by the people present at the meeting which was duly closed at 7-58pm.

If you would like to become a trustee of the Blunt Family Charity and would be prepared to take on book keeping duties please email the charity on bluntfamilytrust2019@gmail.com for details of the post and how to apply.

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\_\_\_\_\_\_\_ Page 15

#### **AUTUMN ARTISAN FAYRE**

- 26 OCTOBER - UPWELL HALL

#### Get this date in your diary!

Following the success of the Summer Artisan Fayre in July, where they raised another £900.00 for Norfolk And Waveney Mind (that's £4,300.00 in total), Louise and Simon from Blended Monkey are hosting and sponsoring their

AUTUMN ARTISAN FAYRE on SUNDAY 26 October in Upwell Hall (PE14 9AB) 10.00 am until 4.00 pm - FREE ENTRY and there's plenty of parking.

All profits are again going to Norfolk & Waveney MIND, a charity the couple holds dear to their hearts and for whom they've raised money in the past.

This isn't your "average" crafts fair.

Carefully selected ARTISTS and CREATORS have been chosen to sell their work, with a lot of them demonstrating their crafts on the day too.

We like to change things up a little each time, so there will be some familiar and some new faces.

These include woodturning, ceramics, lino printing, pen turning, mixed media art, pyrography, leaded glass, copper jewellery, textile art, bookbinding & journals, marbled notebooks, leatherwork,

Powertex sculpture, photography, fashion design, silver designer jewellery, enamelling, sea glass jewellery, illustration, repurposed book art, oil paintings, acrylic artwork, artisan floristry, fused glass, driftwood art ...

#### In addition to this, visitors will be able to attend WORKSHOPS including:

- lino printing with Zoe -
- fairy door or key ring pyrography with Tic -

Scrummy locally-made FOOD and refreshments are on sale from our pop-up Fanoggins bakery with seating, and there's the chance to WIN one of our artists' pieces in a high-end raffle too!

And we've got some music to accompany us this time too!

Upwell-based "The Rummuns" will be joining us with some fab acoustic melodies to accompany us throughout the day!

Discover more about our artists, workshops & demonstrations at https://www.blendedmonkey.co.uk

Get this date in your diary and enjoy!











MIND











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PE14 8PA

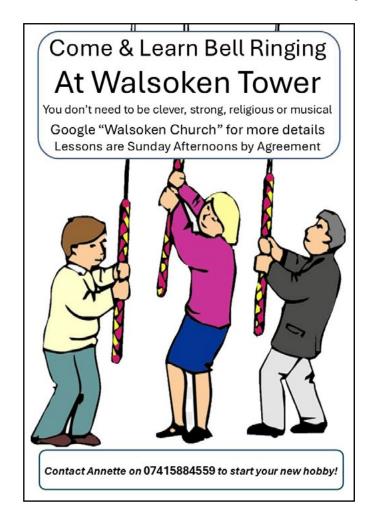
on Sunday 12<sup>th</sup> October, open 10 am – 4 pm.

Card payments accepted.

Draw and refreshements in aid of East Anglian Children's Hospice.

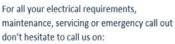








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each

## DOLE DISTRIBUTION NOTICES

#### UPWELL (NORFOLK) RELIEF IN NEED CHARITY

Registered Charity No 1030824 (For those living in the former Norfolk part of the Parish)

#### The Annual Distribution Will Be Held on THURSDAY 4th DECEMBER 2025 at The Village Hall, Upwell between 10.00am and 12.30pm

Those eligible are men and women over 70

ONLY those resident in the Parish for at least five years will be considered

#### Your local Trustees:-

- Upwell, Three Holes and Lakesend Mrs S Lowe, Mr K Harrison, Mr C Robinson, Mrs V Spikings
- Nordelph Mr J Balls, Mrs D Gott

#### UPWELL (CAMBRIDGE) CONSOLIDATED CHARITIES

Registered Charity No 203558 (For those living in the former Isle of Ely part of the Parish)

## The Annual Distribution Will Be Held on FRIDAY 5th DECEMBER 2025 at The Village Hall, Upwell between 11.00am and 12.00 noon

- The aged and infirm will receive the first consideration
- No able bodied man or woman under 65 need apply
- ONLY those resident in the Parish for at least five years will be considered
- Further information may be obtained from : Mrs R Shorting Upwell 01945 773604

#### ST PETER'S FLOWER FESTIVAL

With thanks to the many vistors whose generous support raised approximately £895 for church funds over the three days, 28 June - 30th June.









#### **NEW TIGER BUS SERVICE T7**

#### Wisbech Chatteris



MONDAY TO SATURDAY (excluding Bank Holidays)															
	<b>T7</b>														
Wisbech Horse Fair Bus Station	0615	0715	0815	0915	1015	1115	1215	1315	1415	1515	1615	1715	1815	1915	2015
Emneth Tram Station Lane	0623	0723	0823	0923	1023	1123	1223	1323	1423	1523	1623	1723	1823	1923	2023
Outwell Bloom and Wake Garage	0635	0735	0835	0935	1035	1135	1235	1335	1435	1535	1635	1735	1835	1935	2035
Upwell Village Hall	0648	0748	0848	0948	1048	1148	1248	1348	1448	1548	1648	1748	1848	1948	2048
Christchurch Crown Road	0700	0800	0900	1000	1100	1200	1300	1400	1500	1600	1700	1800	1900	2000	2100
Manea Rose and Crown	0715	0815	0915	1015	1115	1215	1315	1415	1515	1615	1715	1815	1915	2015	2115
Manea Fallow Corner Road	0720	0820	0920	1020	1120	1220	1320	1420	1520	1620	1720	1820	1920	2020	2120
Chatteris East Park Street	0735	0835	0935	1035	1135	1235	1335	1435	1535	1635	1735	1835	1935	2035	2135

#### Chatteris Wisbech



MONDAY TO SATURDAY (excluding Bank Holidays)															
	<b>T7</b>														
Chatteris East Park Street	0740	0840	0940	1040	1140	1240	1340	1440	1540	1640	1740	1840	1940	2040	2140
Manea Lavender Corner	0755	0855	0955	1055	1155	1255	1355	1455	1555	1655	1755	1855	1955	2055	2155
Wisbech Road	0800	0900	1000	1100	1200	1300	1400	1500	1600	1700	1800	1900	2000	2100	2200
Christchurch Crown Road	0815	0915	1015	1115	1215	1315	1415	1515	1615	1715	1815	1915	2015	2115	2215
Upwell Village Hall	0827	0927	1027	1127	1227	1327	1427	1527	1627	1727	1827	1927	2027	2127	2227
Outwell Bloom and Wake	0840	0940	1040	1140	1240	1340	1440	1540	1640	1740	1840	1940	2040	2140	2240
Emneth Tram Station Lane	0850	0950	1050	1150	1250	1350	1450	1550	1650	1750	1850	1950	2050	2150	2250
Wisbech Horse Fair Bus Station	0905	1005	1105	1205	1305	1405	1505	1605	1705	1805	1905	2005	2105	2205	2305

#### Anyone for Afternoon Tea?

#### TEA ON TUESDAY

Part of Upwell and Outwell Lunch Club | Charity No 1082825

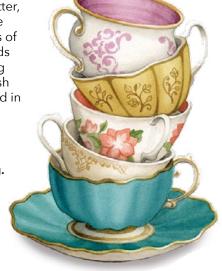
Over the last four years Tea on Tuesday has become a popular fortnightly event, which now welcomes around fifty guests to each session, for a warm natter, cake (plus a savoury or two!) gallons of tea and convivial company. Just what a good afternoon tea is all about, but that got me thinking - how did the tradition of afternoon tea come about?

Apparently, it was invented in 1840 by Anna, Duchess of Bedford, to fill the gap between lunch and a late dinner, and it quickly became a fashionable social ritual among the upper and middle classes. Initially a small tray of tea and bread and butter, served in her room, the tradition grew to include cakes and sandwiches, (sometime earlier the Earl of Sandwich had had the idea of putting a filling between two slices of bread!) Her quiet snack evolved into a social event, with the Duchess inviting friends to join her for afternoon tea. The Langham Hotel popularized the tradition by being the first hotel to add it to its menu in 1865, solidifying afternoon tea's place in British society and by the Edwardian era, it was a grand social occasion with ladies dressed in elegant tea gowns.

No elegant tea gowns when we meet in the **Upwell Methodist Church Hall, Town St, on alternate Tuesdays,** just pretty china and a **warm welcome!** There is no charge, **we just ask for a small donation, if possible, to help keep the club running.** 

As some of our visitors have difficulty with their mobility, **we can arrange transport** using a minibus suitable for those using walking aids and wheelchair users if necessary.

For further information please contact Jackie Scotten on 07584 735805 Email: jackiescotten51@gmail.com



## WHEN CAN YOU START CUTTING HEDGES AND OTHER VEGETATION?

## The short answer is that you can from the 1st September as before that date falls under the Wildlife and Countryside Act.

In the UK, it is illegal to cut or disturb hedges during the bird nesting season, from March 1 to August 31, to protect nesting birds under the Wildlife and Countryside Act 1981. You can trim hedges during this period only if there are no active nests, and you've thoroughly checked the hedge for any birds, their eggs, or young. The rules are stricter for agricultural land with rural payment schemes, which have specific rotational cutting and management requirements that must be followed.

#### **Key Legal Restrictions**

- No Cutting During Nesting Season: Avoid cutting, trimming, or destroying any part of a hedge between March 1 and August 31 to protect nesting birds.
- Thoroughly Check for Nests: Before any hedge cutting, always check for active nests, as it's an offense to harm or destroy a wild bird's nest, eggs, or young.
- Safety and Access: Exceptions are made to cut hedges when it's essential for safety or to prevent obstruction of access, though it is still illegal to disturb nesting birds during this process.

#### **Specific Rules for Different Settings**

- Domestic Gardens: The primary rule is to check for nesting birds before trimming.
- Agricultural Land: Strict management is required under rural payment schemes like Countryside Stewardship (CS) and the Sustainable Farming Incentive (SFI), which involve cutting hedges on a rotational basis.
- Roadside Hedges: The Nidirect portal indicates that local authorities are responsible for trees and hedges on adopted highways, but boundary hedges and trees next to roads are the responsibility of the adjacent landowners.



#### **Best Practice Tips**

- **Check for Nests:** This is the most crucial step before cutting any hedge.
- Delay Trimming: If you are unsure about nests, it is best to delay trimming until after the nesting season has ended.
- **Use the Right Tools:** Use sharp hand shears or a powered hedge trimmer.
- **Consider the Whole Hedge:** Check the entire hedge for active nests before you start cutting.
- Seek Expert Advice: Consult the relevant GOV.UK website for specific guidance on Countryside Stewardship and SFI rules if you are a landowner receiving payments.
- When to cut hedges experts say act soon before bird nesting ...

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#### THREE HOLES VILLAGE HALL & PLAYING FIELD - PE14 9JY

Tickets £3.50 (no need to book) Starts 2pm, Doors open 1.30pm Refreshments available

#### **NOVEMBER**

#### **THELMA (12)**

Sunday 2nd November - 2pm

Starring 94-year-old June Squibb and Richard Roundtree in his last film role, THELMA is one of the funniest comedies of 2024, as it takes an elderly woman who doesn't understand technology, but who becomes the hero of the story as she sets out to get her money back from the scammers that tricked her and stole her life savings. Squibb plays Thelma Post, a woman who is not just a character invented by Margolin, but who is based on his grandmother of the same name. It's not only a loving tribute either, but a dramatization of a real event that happened to Post, a woman who is still with us at the age of 103.

#### **DECEMBER**







Sunday 7th December - 2pm

"You will smile, and you will laugh-sometimes uncontrollably" is a quote often associated with the movie. "The Penguin Lessons" which stars Steve Coogan is a film inspired by a true story of a disillusioned Englishman who went to work in a school in Argentina in 1976. Expecting an easy ride, Tom discovers a divided nation and a class of un-teachable students. However, after he rescues a penguin from an oil-slicked beach, his life is turned upside-down, the film explores themes of friendship and unexpected connections.

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## UPWELL TOWN YOUTH FC – SUMMER UPDATE

With the summer now behind us, the new season is already in full swing at Upwell Town Youth FC. After a memorable end to last season, with silverware for our U6, U8 and U9 teams in tournaments and cup finals, the excitement has rolled straight into the autumn months as our players take to the pitch once more in league action.



This year marks another step forward for the club as we now have five teams entered into the Mid Norfolk Youth League - a fantastic achievement considering how young the club is. From our oldest groups to our ever-growing play phase, the progress is plain to see every week at training and on matchdays. It's not just about results, but about the way our players are developing - showing resilience, teamwork and no shortage of enthusiasm.



We are delighted to share some major developments on the facilities side too. Our PitchPower application for Three Holes Playing Field has been accepted, and works are already underway to improve the site further.

At the same time, PitchPower investment at Upwell Playing Field will be starting shortly, which will bring huge benefits to our pitches and ensure they remain in the best possible condition for years to come. We also owe a huge thank you to James Spittlehouse, who has given up so much of his time and effort to fully renovate the toilet block at Three Holes – a real labour of love that will benefit everyone using the site. At Upwell Playing Field, the pavilion is also set for an upgrade, with a new kitchen being installed courtesy of Howdens in partnership with the FA.

We've also been busy strengthening our people. To meet the growing demand, we've welcomed new coaches into the club, ensuring we can continue to provide the very best support to every age group. On top of that, our committee has also grown, giving us more hands to share the workload. Anyone who would like to volunteer behind the scenes and help with the running of the club would be very welcome - please get in touch.

One of the most exciting developments this autumn is the launch of Upwell Wildcats, our brand-new girls' football sessions. Taking place on Wednesday nights, Wildcats offers a fun and supportive way for girls to get into the game, build confidence and make friends. It's a big step for us as a club, and we'd love to welcome as many new faces as possible. If your daughter would like to give football a go, please contact us through our Facebook page for more details.







Fundraising remains an important part of keeping the club moving forward, and following on from the success of our spring fundraising ball, we're pleased to say we'll be running a bingo night in late autumn to bring the community together and raise vital funds. Tickets for next year's fundraising

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ball will also be going on sale soon, so keep an eye on our pages for details. We'd love to see as many people as possible at both events, which promise to be fantastic occasions in support of the club.

We'd also like to acknowledge and thank all of our fantastic sponsors. This season, The Blunt Trust have stepped forward in a big way, kindly sponsoring three full kits for our teams. Alongside them, our thanks go to Russells Butchers, Mortgageability, NoLettingGo, HL Interiors, MundoMac, i3 Secure, CSS, Carpe Diem Football Coaching, JAS Electrical, Fenmarc, and Frances Rayner Fitness and Wellbeing Coach, as well as all those who continue to back the club. Your support makes such a difference and is hugely appreciated.

Finally, and as always, we owe the biggest thanks of all to our coaches, players, and parents. From the training ground to the touchline, your energy, commitment and support are what make this club so special.

Here's to a successful season ahead - and as always... UP THE WELL!

**Alex Parnell** 

Chairman - Upwell Town Youth FC







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#### **TOWN STREET "LEE HOUSE"**

Lee House, located at the Crescent Upwell, is steeped in history. It was originally built in the 17th century but was updated 200 years later.

Whilst researching the Discovering Upwell Book, I uncovered many things that are almost forgotten today.

Lee House was so named after William Lee, a wealthy farmer and champion of good causes.

He was very sympathetic towards the working classes and a prolific benefactor. He financed the building of the Alms Houses adjacent to the cemetery, now demolished and left parcels of land for the people of Upwell. His periodic apathy with the church leaders often found them in conflict. This was when Upwell was run from the Vestry, and the overseers wielded much power.

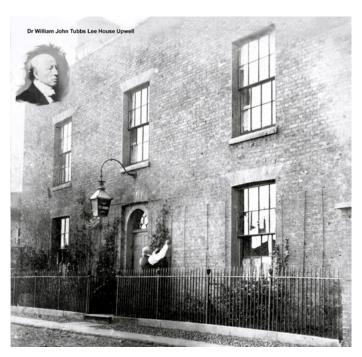
William Lee lived in a time when the church did not particularly fraternise with the working classes, except when the populace were expected to attend the church, usually three times on a Sunday. In those days, the luxury of sitting in a pew had to be paid for, and reading books was restricted.

Lee House was one of the first houses in Fenland to have gas lighting. William Lee had an acetylene generator fixed to his house, which was quite a while before the Outwell and Upwell Gas Company, now the Co-op, was built. The cast-iron support plate can still be seen over the front door of Lee House today. Acetylene was commercially used from 1860, but was discovered thirty years before.



Perhaps William Lee's most compassionate action was carried out during the Littleport riots following the Napoleonic wars. It was reported at the time that Major Lee, head of the local Yomany, attended the riots at Littleport, Downham Market and Wisbech. Taking his troops

to Wisbech first, he quietened the rioters and then rode to Downham, where the labourers held the sitting Magistrates as hostages. Ordering his troopers to use only the back of their swords, he secured a meeting, after which it was arranged that all should disperse, wages would be raised and that bygones should be bygones.



Dr William John Tubbs was another renowned resident of Lee House. He bought Lee's house in his daughter's name, and over the years, it became the home for several doctors.

Dr Tubbs came to Outwell from Parson Drove before settling in Upwell around 1850. He was the "Poor-law Medical Officer" for Outwell and Upwell in the Wisbech Union from 1852 to 1870. Dr Tubbs gained a reputation for performing serious operations on his patients whilst they were hypnotised. Mesmerism was the latest technology at the time, and Dr Tubbs was a keen follower of all the new inventions.

Dr. Tubbs carried out one particular operation on the 26th of April 1854. Mrs. Flowerday, a gardener's wife from Upwell, she was to have a breast removed by Dr. Tubbs under hypnosis. On the day of the operation, committee members attended the London Messianic Infirmary to observe. Mrs Flowerday was put to sleep in four minutes. Dr. Tubbs sat down in front of her and made deep elliptical cuts down both sides of her diseased breast. The reports mention, "as the breast was removed, there was surprisingly very little bleeding". On waking from her sleep, Mrs. Flowerday said she felt well and that she had no idea the operation had been performed.

That's all for now.

#### William P Smith (Bill)

Full story and images are in the Discovering Upwell book, available online.

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## KIDS FUN PAGE



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**UPWELL PARISH COUNCIL** 

#### Chairman

#### Deputy Chairman

Tom Fairbrother 07581 365296

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Chris Robinson

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Colin Rose 07885 258434 Vivienne Spikings 01945 772248

#### **County Councillor**

Chris Dawson

Norfolk County Council Member Champion for the Rural Economy, County Hall, Martineau Lane, Norwich NR1 2DH chris.dawson.cllr@norfolk.gov.uk

Melanie Hilton 07368 420237

Email: upwellpc@gmail.com | clerk@upwell-pc.gov.uk

#### Facebook Page

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#### SOME USEFUL CONTACTS

- ANGLIAN WATER 0345 7919155
- BOROUGH COUNCIL (KLWNBC) www.west-norfolk.gov.uk 01553 616200
- CAB (Citizens Advice) https://ncab.org.uk 0800 144 8848
- ENVIRONMENT AGENCY Environment Agency - GOV.UK 03708 506506
- LAKES END VILLAGE HALL www.lakesendvillagehall.com levh.secretary@gmail.com

- NORFOLK COUNTY COUNCIL www.norfolk.gov.uk 0344 800 8020
- UPWELL HEALTH CENTRE www.upwellhealthcentre.nhs.uk 01945 773671
- UPWELL VILLAGE HALL www.upwellvillagehall.co.uk upwellhall@gmail.com 07488 571106
- THREE HOLES VILLAGE HALL www.threeholesvillagehall00.org. 01354 610316
- QUEEN ELIZABETH HOSPITAL 01553 613613

#### PARISH LOCATIONS OF **DEFIBRILLATORS**

Knowing where these life saving machines are is very important.

#### **Upwell Playing Field Pavilion.**

New Road, Upwell PE14 9AB. What3words: jumbled.presides.forced

#### **Upwell Village Hall**

New Road, Upwell, PE14 9AB What3words: digs.crimson.waltz

#### **Orchard Gardens**

What3words: alone.disprove.galleries

#### Russells

School Road Upwell What3words: Interacts.impose.sneezing

#### Three Holes Village Hall

What3words: adverbs.frozen.clown

#### Lakes End Village Hall

What3words: steadier.perfected.additives

#### **Upwell Methodist Church**

What3words: amused.lots.outfitter

#### **Upwell Bowls Club**

(available when club open only) New Road.

What3words: interlude.cavalier.justifies



Unless otherwise stated, all meetings will take place at Upwell Village Hall. The Press and Public are cordially invited to attend any meeting. Residents can address the Council at the start of the meeting but may only speak thereafter with the permission of the Chairman.

All meetings start at 7.00 p.m.

OCTOBER 13 <sup>TH</sup>	NOVEMBER 10 <sup>TH</sup>	DECEMBER 8 <sup>TH</sup>
THREE HOLES	UPWELL	UPWELL
VILLAGE HALL	VILLAGE HALL	VILLAGE HALL



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